

Study Visit: You(th) and the Community

Rijeka, Croatia

26.11.-02.12.2023.



Co-funded by the
Erasmus+ Programme
of the European Union



ABOUT US

Study visit is organized by Association Alfa Albona, Croatia.

Association Alfa Albona was established in the year of 2011 and since then is working in the field of: youth information (regional youth information centre, Eurodesk multiplier), mobility of young people and youth workers (evs/esc, ye, tc, study visits, international youth and children summer camps) and social entrepreneurship (proud owners of 3 national awards).

We are very happy and thrilled to organise this study visit, and together with you explore more about green practices, upcycling, youth work and community development.





ABOUT THE STUDY VISIT

DATE: 26.11. – 02.12.2023. (arrival: meeting point from 17:00 o'clock in Rijeka – you will get an address of the reception where to pick up your keys) – the accommodation will be max 10 min walk from the city centre where all activities will be held.

VENUE: Rijeka, Croatia

WORKING LANGUAGE: English

PARTICIPATING COUTRIES:

SPAIN / FRANCE / LITHUANIA / ITALY / ROMANIA / CROATIA

PARTICIPANTS: 4 youth workers / youth / volunteers aged 18-40 from each participating country





ABOUT THE PROJECT



Youth work as well as the topics of community development in a combination of green practices and upcycling have different forms of engagement and practices around Europe. By this study visit we want to explore more local practices in Rijeka, visit the local ngo's who are inspirational and have good case practices dedicated to innovative and inclusive urban development.

We want to bring here all of you, to meet each other, to share experiences, working methods, to show your good case practices and establish mutual partnerships for new projects within Erasmus + programme, as well as to implement together several workshops and local actions, and the most important to have good time.

Objectives of the study visit are the following: To support understanding of youth work and community development realities in Croatia and in participating countries; To improve working methods of organizations on the topic of green practices, upcycling and community development; To foster partnership building between organizations included; To explore the added value of the European dimension of youth initiatives and activities; To increase the strategic thinking of youth workers in order to create long-term interventions for personal and professional development of youth workers and young people.



PROFILE OF PARTICIPANTS



- 27 people all together
- youth workers directly involved in the youth work who can transfer the acquired skills to young people / young people / volunteers

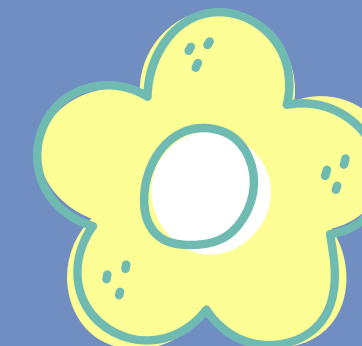
MOTIVATED, CHEERFUL PARTICIPANTS WITH A SMILE ON THEIR FACES AND A LOT OF GOOD MOOD!!



* **ERASMUS+** is a programme that supports young people. So we want to open our project also for these young people. The accommodation is not suitable for people in wheelchairs, but all other impairments are welcome.



* **LANGUAGE** English is our working language. In case of additional help no worries, we are here to help!



LOCATION



Study Visit will take place in Rijeka, Croatia.

Rijeka is the third largest city in Croatia after Zagreb and Split in terms of number of population. Rijeka is also the most important Croatian seaport due to its strategic geographical position.

Interestingly, Rijeka was selected as European Capital of Culture for 2020 along with Galway in Ireland. Not many people know the fact that Rijeka every year hosts one of the biggest Carnival Festivals, almost as popular as the one in Venice. The first festival was held in 1982 and more and more people attend it each year.

Rijeka has an interesting historical background and lots of other activities which will definitely amaze you.

MOLONGO

- VILLAS & VACATION HOMES -



ACCOMODATION

Molo Longo – Central Apartments & Rooms has air-conditioned guest accommodations in Rijeka, all based in the city centre.

For this project we have booked several apartments for comfortable setting. Each of the country will receive 1 flat that will be shared for 4 people. In the accommodation place most of the beds are double beds.

Free Wifi is available throughout the property. Some of the units feature satellite flat-screen TV, a fully equipped kitchen with a dishwasher, and a private bathroom with a walk-in shower and a hair dryer, but not necessarily all the ones.

On the arrival day, after the meeting on the reception, each group will receive the key of the apartment and then go to settle down. There is no programme first day, only arrivals late afternoons / evening.

Each day we will all meet together, according to the schedule.

MEALS



Breakfast - participants will receive the money for the breakfast, for all the working days 27.11-01.12.2023. and will be in charge to organise it by themselves. There are lot of coffee places around the town and also bakeries, so you can choose what you want to eat and where for breakfast.

Lunch and dinner we will have together and will be organised daily, as well as coffee breaks. Please notice that is really important to let us know if you have any food preferences, so we can know on time and organise all accordingly.



Important to know is that on the arrival day and on the departure day the meals are not covered, as it's not the activities days.

Please notice that all the apartments are no smoking and to respect the quiet time during the night in the accommodation place.

STUDY VISIT PLAN AND ACTIVITIES



- PRESENTATION OF THE PROGRAMME
- GET TO KNOW EACH OTHER
- TEAM BUILDING
- PRESENTATION OF PARTICIPATING ORGANISATIONS
- LOCAL VISITS TO NGO'S ACTIVE IN THE FIELD OF YOUTH, UPCYCLING AND COMMUNITY BUILDING
- LOCAL CLEANING ACTION
- COMMUNITY KITCHEN EVENT
- UPCYCLING WORKSHOPS
- WALKING YOUTH ART MURAL TOUR
- SHARING METHODS AND PRACTICES FOR YOUNG PEOPLE
- MUSEUM AND EXHIBITIONS VISITS: PEEK&POKE, MMSU
- AND MANY MORE....



IMPORTANT

FINAL PROGRAMME WILL BE SHARED 2
WEEKS BEFORE THE START OF THE
STUDY VISIT

WORKING TIME EACH DAY: 11:00 - 19:00



TRAVEL REIMBURSEMENT

- Organizer (Alfa Albona) covers travel costs, accommodation, food and program activities.

- IMPORTANT: We reimburse the transport money ONLY if the participant will ACTIVELY take part during the whole project.

You have to keep all the bills, boarding passes and every type of ticket transport with you, so that we are able to reimburse you the costs. We will reimburse you the costs after your return home and providing us with receipts and necessary invoices for the travel. Each person is obligated to fill out the final report.

YOU GOT THIS!



IMPORTANT!

- The travel budget is approved by the Distance calculator from the Erasmus + programme. The distance calculator you can find on this link:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

By this calculator you can find the distance and then know how much money you are entitled to have for your travel. Please notice that if you spend more than it's approved by the project, then this cost is on you.

TRAVEL REIMBURSEMENT

According to the Erasmus + distance calculator the cost are calculated by the km the calculator shows in one way when you put your town / place of departure till the town of arrival, which is Rijeka, Croatia:

10-99 km = 23,00 eur

100-499 km = 180,00 eur

500-1999 km = 275,00 eur

2000-2999 km = 360,00 eur



In case of green travel: using more than 50% of the travel with bus / train / carpooling / bicycle participants are entitled to bigger amounts for refund. Please consult us on this matter.

It's allowed to start the trip 2 days before the dates of the project and to finish the travel 2 days after the project according to the Erasmus + programme.

Only participants that are travelling by green travel are entitled to 6 days in total of travelling.



TRANSPORT TO THE VENUE



PLEASE **contact us BEFORE** you buy your tickets.

Look for the best options and send it to us for approval. The best would be if the whole group by each organisation is travelling together.

Finally, we will need all the information about your arrival and departure details in the moment you buy all the transport tickets.

There are several places in which you can come close by plane: Rijeka Krk, Pula or Zagreb airport (Croatia), Ljubljana (Slovenia), Trieste or Venice (Italy) so check out low costs airplane companies that are operating in mentioned cities. After you can continue your trip to Rijeka bus station.



PLEASE NOTICE THAT IN THE DAYS YOU ARE TRAVELLING TO AND FROM THE PROJECT THE PERSONAL COSTS ARE NOT COVERED BY THE PROJECT, NEITHER IS THE ACCOMMODATION AND FOOD.



PARTICIPATION FEE FOR EACH OF THE PARTICIPANT FOR THIS PROJECT IS 25,00 EURO AND THIS NEEDS TO BE PAID ON THE FIRST WORKING DAY.

DON'T FORGET TO TAKE



Towels are provided in the accommodation places, but be sure to bring the hair dryer if needed as not all of the facilities may have it, personal cosmetics, or anything more you will need.

We suggest that for each ticket you buy, to make a photo of it, to have the proof of the travel. Original tickets you can give us in Rijeka and online ones you can send to our e-mail:
alfa.albona@gmail.com

Special attention to be given to online boarding passes, as for example Ryanair boarding passes in their application are being delated after 24 hours, so once you check in be sure to have a screenshot of the boarding pass taken. We can only reimbursed the tickets + boarding passes if you have them, so be sure not to loose them.

Things for personal hygiene
Medicines (if you are taking something)
Sport / comfortable shoes as we will do lot of walking
Gadgets from your organisations
Food and drink to share as a part of intercultural coffee break we will have
Good mood and energy to be active!



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